

FLORA PERKINS

Road Cyclist – Fenix-Deceuninck Racing Team / GB

U23 National Road Race Champion

From: London, UK

Date of birth: 16th September 2003

Lives & trains: Manchester, UK

Flora is a serious young talent in the professional women's WorldTour peloton, currently riding for Fenix-Deceuninck Racing Team and Great Britain.

Flora hails from a cycling family who regularly went on adventures together and often explored cities by bike. She also often cycled to school which sounds rather casual for the early career of a current professional. She captured her competitive instinct racing around Herne Hill Velodrome (close to her childhood home) socially after school, and it was here whilst surrounded by cycling royalty such as Ethan Hayter and Fred Wright, that her talent really started to shine. As she gained experience, and in her words 'got slightly obsessed', her bike became a means to race and she was hungry to be the best and win.

It was at HHV Flora represented Velo Club Londres (VCL), and subsequently got involved with British Cycling's performance pathway and you could say the rest is history.

Flora joined Le Col-Wahoo for an introduction into the pro peloton in 2022 which was a huge learning curve. Exposure to race opportunities were endless along with experience of different roles amongst the team, and soaking up all advice from the older riders who Flora looked up to.

When the opportunity arose, Flora moved across to the Fenix-Deceuninck Development Team, and where she currently rides for their women's WorldTour squad.

In 2023, Flora finished in the top ten of the National Road Championships road and circuit races, as well as a bronze in the U23 National Time Trial Championships. The time trial result was a real confidence boost as Flora is aware how determinative TT's can be in stage racing. In 2024, Flora went one better winning the U23 National Road Race and the coveted national jersey (4th overall).

Flora may not have taken cycling so seriously from a very early age or had a poster of cyclists on her bedroom wall, but one thing is for sure - she now has the opportunity to be a role model and inspire young females to get on their bike and enjoy the freedom of bike racing, which is an honour.

Key Results



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| 2024 | National Road Race Championships | 1 st U23 / 4 th Elite |
| 2024 | National Time Trial Championships | 3 rd U23 |
| 2024 | Tour of Britain Women | 13 th GC / 5 th Stage 3 / 2 nd Youth Classification |
| 2024 | Vuelta Espana Femenina | 6 th – Stage 3 |
| 2024 | Baloise Ladies Tour | 8 th Youth Classification |
| 2024 | LOTTO Thüringen Ladies Tour | 6 th Youth Classification |
| 2023 | Ilkley CC Women's Grand Prix | 2 nd |
| 2023 | National Time Trial Championships | 3 rd U23 |