

# Zoe Backstedt

## Cyclocross & Road Cyclist

National ITT Champion 2025

U23 UCI Cyclocross World Champion 2024 & 2025

Multiple Junior World Champion in road, track and cyclocross



**From:** Pontyclun, Wales

**Date of birth:** 24th September 2004

**Lives and trains:** Belgium

**Team:** Canyon/SRAM zondacrypto

Zoe Backstedt is a road and cyclocross cyclist for Women's World Tour team Canyon SRAM Zondacrypto. Zoe won multiple Junior World Champion titles across three disciplines and since stepping up to the elite ranks in 2023 has continued her success.

In 2021 Zoe won the coveted rainbow bands at the Junior UCI World Champs Road Race and silver in the ITT. In 2022, Zoe went one better and dominated the junior category winning both the Road Race and ITT. In cyclocross, with multiple Junior World Cup victories in the bag, Zoe was the firm favourite on the start line at the World Championships in Fayetteville in January 2022, and rose to the occasion with a dominant victory claiming another Junior World title.

January 2023 saw Zoe win her first Elite title at the British National Cyclocross Championships and a few weeks later, Zoe won silver at the World Cyclocross Championships in the U23 category.

Zoe rose to the top step in 2024, winning the U23 category alongside multiple elite World Cup podiums through the season. In 2025 Zoe won both the U23 title at the World Championships and the overall U23 World Cup victory. In 2025, Zoe put down a phenomenal ride at the National Champs to take home the ITT title.

Born into a family with cycling pedigree, her father, Magnus, won the Paris-Roubaix classic in 2004, in addition to stage wins in both the Tour de France and Giro d'Italia, whilst her mum, Megan, competed for Wales at the Commonwealth Games. Zoe's sister, Elynor, rides in the Women's WorldTour as well – so it's no surprise she has taken to the pedals and will continue to take the family's success to the next level.

**Best career moment:**

U23 CX Worlds 2025

**Favourite ride route:**

Home roads in UK and Belgium

**Favourite race:**

Paris Roubaix (and any cyclocross!)

**Role Model/Inspiration:**

Her big sister, Elynor

Image Credits: Canyon SRAM Zondacrypto / SW Pix



**For enquiries:**

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# Key Results

Zoe Backstedt



## Key Results:

2025	Baloise Ladies Tour	1st GC
2025	British National Championships	ITT - 1st
2025	Cyclocross World Championships	1st U23
2024	Simac Ladies Tour	3rd GC / 1st YC
2024	Cyclocross World Championships	1st U23
2023	UEC European Cyclocross Championships	1st U23
2023	UEC European Road Champs	ITT - 1st U23
2023	Cyclocross World Championships	1st U23
2023	British National Cyclocross Champs	1st
2022	UCI Road World Championships	1st Junior RR 1st Junior ITT
2022	U19 Ronde van Vlaanderen	1st
2022	Omloop van Bersele	1st GC
2022	Cyclocross World Championships	1st Junior
2022	British National Championships Junior	1st ITT 1st RR
2021	UEC European Junior Track World Championships	1st Ind Pursuit 1st Maidson 1st TP
2021	British National Championships Junior	1st ITT

## 2024/2025 Cyclocross Season:

Nov 24	X20 Badkamers Trofee – Lokeren	7th
Nov 24	Superprestige – Hoogstraten	7th
Nov 24	X20 Badkamers Trofee – Hamme II	4th
Nov 24	UCI World Cup – Antwerpen	7th
Dec 24	UCI World Cup – Dublin	3rd
Dec 24	UCI World Cup – Namur	9th
Dec 24	UCI World Cup – Hulst	7th
Dec 24	UCI World Cup – Zonhoven	2nd
Dec 24	UCI World Cup – Gavere	5th
Dec 24	UCI World Cup – Besancon	4th
Jan 25	Superprestige Gullegem	2nd
Jan 25	UCI World Cup – Dendermonde	5th
Jan 25	UCI World Cup – Benidorm	6th
Jan 25	UCI World Cup – Maasmechelen	2nd
Jan 25	UCI World Cup – Hoogerheide	6th
Jan 25	Cyclocross World Championships	1st U23

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