

Elynor Backstedt

Road Cyclist

Winner Junior Gent-Wevelgem
Bronze - ITT Junior World Champion



From: Pontyclun, Wales

Date of birth: 6th December 2001

Lives and trains: Pontyclun, Wales

Team: UAE Team ADQ

Elynor Backstedt was born to be a cyclist inheriting some serious racing genes.

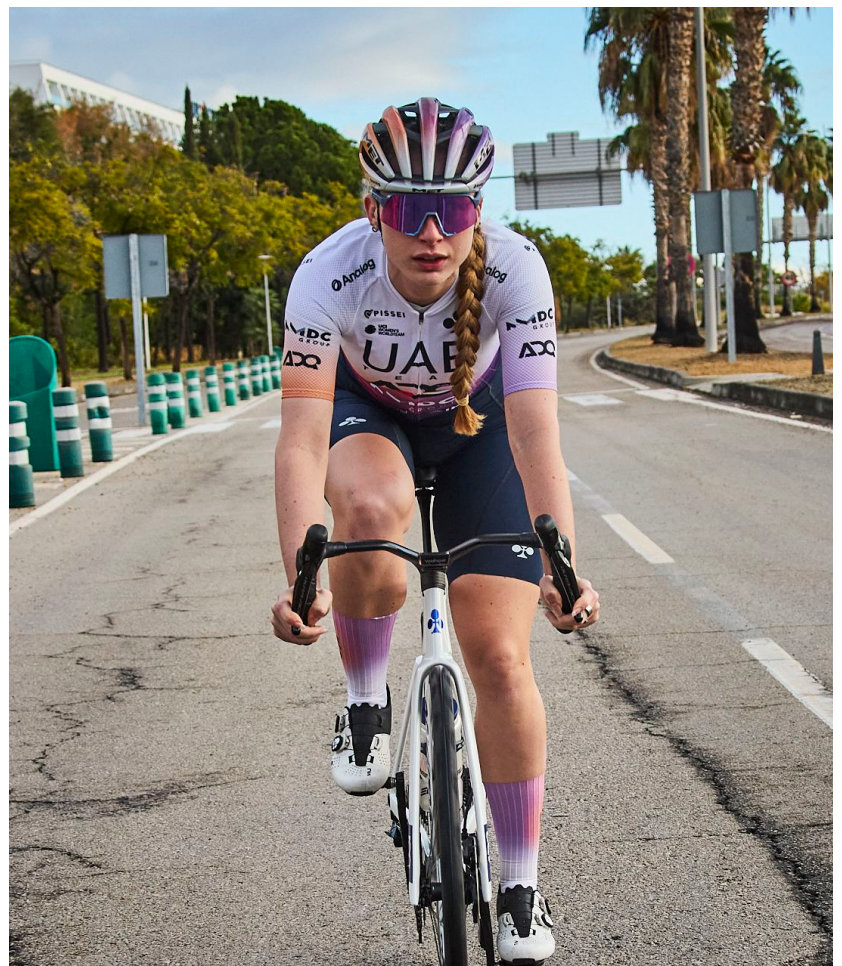
Her father, Magnus, won the Paris-Roubaix classic in 2004, in addition to stage wins in the both the Tour de France and Giro D'Italia, whilst her mum, Megan, competed for Wales at the Commonwealth Games – so it's no surprise she was brought up riding a bike.

Elynor won the Junior Gent-Wevelgem before taking home gold at the National Junior Track Champs in both the Madison and Individual Pursuit, and three medals at the World Junior Track Champs in 2019 (Madison silver, Individual Pursuit silver and Team Pursuit bronze.)

She continued her stellar season with bronze in the Junior Time Trial at the World Road Champs in Yorkshire, and a 5th place in the Road Race.

Having moved up to the senior ranks, Elynor rode for Lidl-Trek before joining Team UAE ADQ in 2025 and has continued to be a pivotal member of the team. She is a dedicated team player, providing outstanding domestique qualities to a star-studded team. She has been integral to many victories over the last few seasons.

In 2026, after returning from injury, Elynor achieved 3rd in the Nationals ITT, sharing the podium with her sister, Zoe.



For enquiries:

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Key Results

Elynor Backstedt



2026	National Road Championships	Elite ITT 3rd
2022	Baloise Ladies Tour	2nd YC
2022	National Road Championships	U23 ITT 2nd Elite RR 5th
2019	World Junior Championships	RR 5th ITT 3rd
2019	Omloop van Borsele	1st GC 1st Points Classification
2019	Junior Gent-Wevelgem	1st

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