

# Zoe Backstedt

## Cyclocross & Road Cyclist

National ITT Champion 2025

U23 UCI Cyclocross World Champion 2024 & 2025

Multiple Junior World Champion in road, track and cyclocross



Zoe rose to the top step in 2024, winning the U23 category alongside multiple elite World Cup podiums through the season. In 2025 Zoe won both the U23 title at the World Championships and the overall U23 World Cup victory. In 2025, Zoe put down a huge ride to win the National ITT Title, and in 2026 she went one better and won the double - both the ITT and the Road Race.

Born into a family with cycling pedigree, her father, Magnus, won the Paris-Roubaix classic in 2004, in addition to stage wins in both the Tour de France and Giro d'Italia, whilst her mum, Megan, competed for Wales at the Commonwealth Games. Zoe's sister, Elynor, rides in the Women's WorldTour as well – so it's no surprise she has taken to the pedals and will continue to take the family's success to the next level.

### Best career moment:

U23 CX Worlds 2025

### Favourite ride route:

Home roads in UK and Belgium

### Favourite race:

Paris Roubaix (and any cyclocross!)

### Role Model/Inspiration:

Her big sister, Elynor

Image Credits: Canyon SRAM Zondacrypto / SW Pix

**From:** Pontyclun, Wales

**Date of birth:** 24th September 2004

**Lives and trains:** Belgium

**Team:** Canyon/SRAM zondacrypto

Zoe Backstedt is a road and cyclocross cyclist for Women's World Tour team Canyon SRAM Zondacrypto. Zoe won multiple Junior World Champion titles across three disciplines and since stepping up to the elite ranks in 2023 has continued her success.

In 2021 Zoe won the coveted rainbow bands at the Junior UCI World Champs Road Race and silver in the ITT. In 2022, Zoe went one better and dominated the junior category winning both the Road Race and ITT. In cyclocross, with multiple Junior World Cup victories in the bag, Zoe was the firm favourite on the start line at the World Championships in Fayetteville in January 2022, and rose to the occasion with a dominant victory claiming another Junior World title.

January 2023 saw Zoe win her first Elite title at the British National Cyclocross Championships and a few weeks later, Zoe won silver at the World Cyclocross Championships in the U23 category.



### For enquiries:

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# Key Results

Zoe Backstedt



## Key Results:

|      |                                               |                                          |
|------|-----------------------------------------------|------------------------------------------|
| 2026 | British National Championships                | 1st RR                                   |
| 2026 | British National Championships                | 1st ITT                                  |
| 2026 | Tour de Suisse - Stage 3                      | 1st                                      |
| 2026 | Vuelta a Extremadura Femenina                 | 1st Stage 1 ITT                          |
| 2025 | Baloise Ladies Tour                           | 1st GC                                   |
| 2025 | British National Championships                | ITT - 1st                                |
| 2025 | Cyclocross World Championships                | 1st U23                                  |
| 2024 | Simac Ladies Tour                             | 3rd GC / 1st YC                          |
| 2024 | Cyclocross World Championships                | 1st U23                                  |
| 2023 | UEC European Cyclocross Championships         | 1st U23                                  |
| 2023 | UEC European Road Champs                      | ITT - 1st U23                            |
| 2023 | Cyclocross World Championships 1st U23        | 2nd U23                                  |
| 2023 | British National Cyclocross Champs            | 1st                                      |
| 2022 | UCI Road World Championships                  | 1st Junior RR<br>1st Junior ITT          |
| 2022 | U19 Ronde van Vlaanderen                      | 1st                                      |
| 2022 | Omloop van Bersele                            | 1st GC                                   |
| 2022 | Cyclocross World Championships                | 1st Junior                               |
| 2022 | British National Championships Junior         | 1st ITT<br>1st RR                        |
| 2021 | UEC European Junior Track World Championships | 1st Ind Pursuit<br>1st Maidson<br>1st TP |
| 2021 | British National Championships Junior         | 1st ITT                                  |

## 2025/2026 Cyclocross Season:

|        |                                 |      |
|--------|---------------------------------|------|
| Dec 25 | X20 Badkamers Trofee - Loenhout | 4th  |
| Jan 26 | X20 Badkamers Trofee - Baal     | 3rd  |
| Jan 26 | Superprestige - Gullegem        | 5th  |
| Jan 26 | UCI World Cup - Zonhoven        | 10th |
| Jan 26 | UCI World Cup - Benidorm        | 10th |
| Jan 26 | UCI World Cup – Maasmechelen    | 8th  |
| Jan 26 | UCI World Cup – Hoogerheide     | 4th  |
| Jan 26 | Cyclocross World Championships  | 7th  |

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