

Abi Smith

Road Cyclist

Junior National Hill Climb Champion
Junior National 10 Mile Champion



Abi joined the elite field as part of EF Education-Tibco-SVB building on her experience and shone with a brilliant performance in the Santos Women's Tour Down Under 2023, coming 10th in the General Classification.

Abi now rides for Team Picnic PostNL, learning and developing alongside strong teammates such as Pfeiffer Georgi. Abi started strongly with the team in 2024 contributing to the team's success in the leadout for Charlotte Kool and achieving her own youth classification results including 3rd at the Tour of Britain Women for GB. Unfortunately Abi missed the second half of 2024 after suffering a concussion and is now looking forward to returning for a successful 2025.

Off the bike, Abi is a hugely talented artist.

Best career moment:

Racing Paris-Roubaix Femmes 2022

Favourite ride route:

Yorkshire Dales (or Calpe in Winter!)

Favourite race:

Women's Tour of Britain

Role Model/Inspiration:

Lizzie Deignan

Date of birth: 1st April 2002

Lives and trains: North Yorkshire, UK

Team: Team Picnic PostNL

Born into an active family, Abi spent her childhood chasing her brother around triathlons. After catching everyone after being at the back on the swim, and losing gains on the run the realisation hit that cycling was her best discipline so she started to enter a few local bike races.

In 2018 Abi entered her first National Youth Road Series event and placed top 10 on all four stages, resulting in being scouted by British Cycling.

She went on to win the women's Junior National Road Series in 2019 – her first year as a junior – and rounded off the season at the World Champs in Yorkshire (having only been cycling 'properly' for just under a year).

In 2020, Abi won the Junior National Hill Climb Championship and the Junior National 10 Mile Championship, and the Rydale Grand Prix in 2022.



For enquiries:

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Key Results

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2024	Tour of Britain Women	3rd (Youth Classification)
2024	Tour de Normandie Feminin	8th (Youth Classification) 16th (GC)
2023	British National Champs - Road Race	16th
2023	British National Champs - ITT	5th (U23)
2023	Santos Women's Tour Down Under	10th (General Classification)
2022	Rydale Grand Prix	1st
2022	British National Champs - Road Race	9th
2021	Ras Na mBan	2nd (Final Classification) 1st (Stage 3)
2021	Curlew Cup	1st
2021	British National Champs - Crit Race	2nd
2021	British National Champs - ITT	3rd (U23)
2021	GP de Plouay	16th
2021	UEC U23 Track European Champs	3rd - Individual Pursuit
2020	National Hill Climb Champs	1st Junior
2020	National 10 Mile Champs	1st Junior
2019	Junior National Road Series	1st

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