

Elinor Barker MBE

Road & Track Cyclist

Olympic Champion, World Champion, Commonwealth Champion,
European Champion & National Champion



From: Cardiff, Wales

Date of birth: 7th September 1994

Lives and trains: Manchester, UK

Elinor has a winning formula: juggling her time claiming world titles on the track alongside riding as a key member of Team Uno-X on the road, and Mum.

A chance sighting of the Maindy Flyers Cycling Club, while on her way to a swimming class in her home town of Cardiff, led 10-year-old Elinor to turn her back on the pool in favour of the velodrome and set her on the way to becoming a World, Commonwealth, European and Olympic Champion and a World Record holder by only 22 years old.

Elinor quickly made her name as a Team Pursuit specialist, winning world titles in 2013 and 2014 and gold in Rio 2016. Success continued with multiple European, World and Commonwealth medals including silver in the Team Pursuit at the Tokyo Olympics.

In late 2021 Elinor announced she was pregnant with her first child, alongside her decision to move to the road and join the newly formed Women's WorldTour road team, Uno-X. Little Nico was born in March 2022, and within 5 months of giving birth Elinor was back in the peloton and being competitive.

In 2023, Elinor rode to 7th place at Gent Wevelgem, 3rd in the Nationals ITT and 4th in the Road Race - all just over a year from having Nico. The track season was equally as commendable with a double gold at the World Championships in Glasgow.

There was no stopping Elinor who followed this up with a silver and bronze at the Paris Olympics.

Best career moment:

Winning two medals at Worlds 2023 a year after having her son.

Favourite ride route: Peak District

Favourite race: Women's Tour of Britain

Role model/inspiration:

Other cycling mums - Lizzie Deignan / Laura Kenny

Image Credits: Uno X Mobility & SW Pix



For enquiries:

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Key Results

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2024	Paris Olympics	SILVER Madison
2024	Paris Olympics	BRONZE Team Pursuit
2023	UCI Track World Champs	1 st Madison
2023	UCI Track World Champs	1 st Team Pursuit
2023	National Road Championships	3 rd ITT
2023	National Road Championships	4 th Road Race
2023	Gent Wevelgem	7 th
2023	UEC European Champs	Madison – GOLD, Team Pursuit - GOLD
2021	Tokyo Olympics	SILVER Team Pursuit
2020	UCI Track World Champs	1 st Points Race
2020	UEC European Track Champs	1 st Elimination Race, 1 st Team Pursuit
2019	UCI Track World Champs	1 st Scratch Race
2018	UEC European Track Champs	1 st Team Pursuit
2018	Commonwealth Games	1 st Points Race
2017	UCI Track World Champs	1 st Points Race, 2 nd Scratch Race, 2 nd Madison
2017	UEC European Track Champs	1 st Madison, 2 nd Team Pursuit
2016	Rio Olympics	GOLD Team Pursuit
2016	National Track Championships	1 st Madison
2016	UCI Track World Champs	3 rd Team Pursuit
2016	UEC European Track Champs	2 nd Scratch Race
2015	UEC European Track Champs	1 st Team Pursuit
2015	UCI Track World Champs	2 nd Team Pursuit
2014	Commonwealth Games	2 nd Points Race, 3 rd Scratch Race
2014	UCI Track World Champs	1 st Team Pursuit
2014	UEC European Track Champs	1 st Team Pursuit
2014	National Championships	1 st Team Pursuit
2013	UCI Track World Champs	1 st Team Pursuit

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