

Shirin Van Anrooij

Cyclocross & Road Cyclist

U23 UCI Cyclocross World Champion
Winner of Trofeo Alfredo Binda 2023



Date of birth: 5th February 2002

Lives and trains: Netherlands

Team: Lidl-Trek / Baloise Trek Lions

In 2023, Shirin van Anrooij announced herself on the world stage winning her first WorldTour race at Trofeo Binda, a podium place at Amstel Gold, the overall at the Tour l'Avenir and a silver medal in Glasgow at the UCI Road World Champs in the U23 road race.

In 2024 Shirin finished the season as the UCI Best Young Rider after impressive podium results in the Classics, including third at the Tour of Flanders, but throughout what would be considered by most to be a successful season, Shirin insisted something didn't feel right and at the end of the 2024 season Shirin underwent successful iliac artery surgery. She has returned to the road for the 2025 season.

As a junior, Shirin van Anrooij was World Junior Cyclocross Champion and won multiple national titles in both road and cyclocross. After this early success, Shirin joined Lidl Trek (then Trek-Segafredo) at the age of 18 alongside the likes of Lizzie Deignan and Elisa Longo Borghini as her teammates in her first year in the elite ranks.

Shirin still races both cyclocross and road, having claimed world medals in both. The 22/23 season in cyclocross, riding for Baloise Trek Lions, saw Shirin win her first World Cup race, which was followed by two more in quick succession. Van Anrooij finished on the podium in every race bar one and finished the season winning the U23 World title in Hoogerheide. Shirin missed the 23/24 season due to injury and the 24/25 season due to the iliac artery surgery but is now enjoying a strong season back on the bike.



For enquiries:

Emma Abel

emma@bespoke-m.com

+44 7713 638469

bespoke
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Key Results

Shirin Van Anrooij



Cyclocross:

2025-2026	UCI World Cup Zonhoven	5th
2025-2026	X20 Trofee Hofstade	2nd
2025-2026	UCI World Cup Koksijde	2nd
2025-2026	UCI World Cup Terralba	3rd
2022-2023	UEC European Champs U23	3rd
2022-2023	UCI World Cup Series - Overall	3rd
2022-2023	UCI World Champs U23	1st
2021-2022	National Champs U23	2nd
2021-2022	UCI World Champs U23	2nd
2021-2022	UEC European Champs U23	1st
2019-2020	UEC European Champs Junior	3rd
2019-2020	National Junior Champs	1st
2019-2020	UCI World Champs Junior	1st

Road:

2024	Tour De France Femmes avec Zwift	13th GC/1st YC
2024	Vuelta a Burgos Femeninas	5th GC/1st YC
2024	Ronde van Vlaanderen	3rd
2024	Dwars Door Vlaanderen	2nd
2024	Strade Bianche Donne	5th
2024	Omloop Het Nieuwsblad	4th
2023	UCI World Road Champs - U23 Road	2nd
2023	Tour of Flanders	8th
2023	Brabantse Pijl	5th
2023	Amstel Gold Race	3rd
2023	Trofeo Alfredo Binda	1st
2022	Strade Bianche	9th
2022	Omloop van het Hageland	5th
2022	UCI World U23 Champs - ITT	2nd
2022	Tour de France Femmes avec Zwift	1st YC
2022	National U23 Champs - ITT	1st
2022	UEC European U23 Champs - ITT	1st
2022	UEC European U23 Champs - Road Race	1st
2021	Tour de Feminin - Overall	4th
2019	UCI Road World Junior Champs - ITT	2nd
2019	National Junior Champs - ITT	1st
2019	UEC European Junior Champs - ITT	1st

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